Before ordering please make staff aware of any allergies you might have. We shall do our best to provide you with suitable food but we cannot guarantee that any of our foods are free from cross-contamination of allergens.



Bar Menn available 12 -9:45pm	
BREAKFAST available 10am-12noon	
SQ Breakfast Bap	£5.50
Sausage, bacon, fried egg, brioche bun	
LIGHT BITES	
SQ Soup	£4.50
Homemade soup of the day, crusty bread roll, butter	
Beetroot & Goats Cheese Salad (V)	£6.00
Fivemiletown goat's cheese, honey roulade, pickled heritage beetroot, onion granola, balsamic dressing	
Dundrum Bay Mussels(GF no wheaten bread)	£7.50
Tomato, chilli & garlic sauce, toasted wheaten bread	
Honey Chilli Chicken	£7.00
Honey chilli chicken strips, chilli, coriander & sesame seed sauce, roasted garlic mayo dip	
Breaded Mushroom(v)	£6.00
Breaded field mushroom, garlic mayo, rocket & celery salad	
Hot Chicken Wings (GF)	small for £7.00 or large for £10.50
"Franks" hot wings, blue cheese dip	
BBQ Ribs (GF with no bread)	small for £7.00 or large for £10.50
Baby back rack of ribs, sticky BBQ sauce, crusty tiger bread	
Pulled Pork Slider	£6.50
BBQ pulled pork slider, SQ coleslaw, rocket & red onion salad	
SANDWICHES OF WRAPS (Served between 12-6pm)	£5.00
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Sandwiches are served on either white or brown bread, gluten free bread is also available

Honey roast ham with smoked Applewood cheese

Smoked bacon, chicken and mayonnaise

Tuna, red onion and mayonnaise with rocket

Smoked irish cheddar and branston pickle

Chicken Caesar and gem lettuce, Pancetta.

Prawn and marie rose with mixed salad leafs.

All sandwiches served with coleslaw and mini sq salad





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MAINS	
SQ Club Sandwich(GF with gluten free bread)	£10.00
Triple toasted sandwich, mayonnaise, mixed leaf, tomato, grilled chicken, smoked bacon, shoestring fries or SQ house salad	
Chargrilled Irish Ham	£10.00
Chargrilled Irish ham, champ potato, red onion gravy	
Chargrilled Chicken Caesar Salad (GF no Croutons)	£10.00
Baby gem lettuce, parmesan shavings, garlic croutons, caesar dressing	
Honey Chilli Chicken	£11.00
Honey chilli chicken strips, chilli, coriander & sesame seed sauce, roasted garlic mayo dip, shoestring fries	
Beef Lasagne	£11.00
Homemade beef lasagne, basil dressing, shoestring fries, garlic bread, SQ garnish	
Beer Battered Haddock	£11.00
Battered fillet of haddock, hand cut chunky chips, mushy peas, homemade tartar sauce	
Steak & Rocket Ciabatta	£12.00
Chargrilled 4oz sirloin steak, rocket & red onion salad, tomato & chilli jam, cajun tobacco onions & shoestring fries	
Chargrilled Chicken Ciabatta	£10.00
Chargrilled chicken ciabatta, gem lettuce, parmesan, crispy bacon, caeser dressing, shoestring fries	
SQ Southern Fried Chicken Burger	£13.00
SQ southern fried chicken burger, cajun breaded chicken fillet, lettuce, tomato, cajun tobacco onions, chilli, red onion and tomato salsa	
SQ Burger	£12.00
Homemade beef burger, BBQ pulled pork, smoked bacon, smoked cheese, lettuce, tomato, onion rings, shoestring fries, homemade burger relish	
Fajitas	Chicken £11.00
Stir fried vegetables with your choice of fillings, served on a sizzling platter with warm fajitas, garlic mayo, guacamole, tomato & chilli salsa, grated cheese.	Beef £13.00
Thai Green Chicken Curry	£11.00
Aromatic thai green chicken curry, rice	
Vegetarian Thai Green Curry, Rice	£9.00
SQ SIZZLERS	
Stir fried fresh vegetables with your choice of filling served on a sizzling platter with either	rice,

Stir fried fresh vegetables with your choice of filling served on a sizzling platter with either rice Chips or noodles

Chilli vegetables (GF)(V)	£10
Chicken & sweet chilli (GF)	£12

Steak & pepper sauce £14